

MENTAL HEALTH SUPPORT GROUP



NEED A PEER TO SHARE WITH? WHY NOT JOIN US FOR A MENTAL HEALTH SUPPORT GROUP. WE ARE A GROUP OF YOUR PEERS WITH BI-POLAR DISORDER, DEPRESSION, ANXIETY DISORDERS AND PTSD JUST TO MENTION A FEW.

WHERE: 'THE LOUNGE' @ THE ROADS TO FREEDOM CENTER FOR INDEPENDENT LIVING @ 210 MARKET ST. WILLIAMSPORT

WHEN: THE FIRST MONDAY OF THE MONTH

TIME: 5:30 to 7:30 pm

MORE INFO: CALL (570) 327-9070 TO SPEAK WITH MILLIE CROWE, BETH LIBBY or DEB MILHEIM

**VRS TOLL FREE: 866-790-3708
CAPTEL PHONE: 570-601-1429**