

Peer Mentors provide non-clinical counseling to Peer Mentees.

Mentors empower mentees to achieve independence through their own examples of independence and by sharing their own experiences.

We would like to help you reach your independent living goals.



Peer Support Program

Our Mission is: To empower people with all disabilities by providing

Resources

Options

And

Disability related



Services needed **T**o obtain individual **F**reedom needed in their lives.

24 East Third Street
Williamsport, PA 17701
Phone: (570) 327-9070
Toll-Free: (800) 984-7492
Fax: (570) 327-8610
CapTel: (570) 601-1429
VRS: (866) 790-3708

TTY: (570) 327-5254 or 866-842-5426

www.cilncp.org



Roads to Freedom
24 East Third Street
Williamsport, PA

Interested in becoming a mentee or mentor?

Contact Roads to Freedom Center for Independent Living at 327-9070.



The Peer Support Program is open to anyone living with a disability. Disabilities include, but are not limited to:

- ADD/ADHD
- Asperger Syndrome
- Autism
- Down syndrome
- Dyslexia
- Mental Disabilities
- Anxiety Disorder
- Bipolar Disorder
- Depression
- Learning Disabilities
- Memory Loss
- Obsessive Compulsive Disorder (OCD)
- Schizophrenia
- Physical Disabilities
- Visual Impairment
- Blindness
- Hearing Impairment
- Hearing Loss
- Tinnitus (Ringing In the Ears)
- Arthritis
- Cerebral Palsy
- Multiple Sclerosis (MS)
- Muscular Dystrophy (MD)
- Paralysis
- Stroke
- Traumatic Brain Injury
- Asthma
- Cancer
- Diabetes
- HIV AIDS
- Other Disabilities

What is a mentor?

- Someone living independently
- Someone who is living with a disability (or) a relative who does.
- Someone who has obtained clean Criminal Background and Child Abuse Clearances
- Someone who agrees to make four contacts a month with their mentee
- Someone who has completed PSP Training



What is a mentee?

- Someone living dependently (i.e. group home, friends, family, etc.)
- Someone living with a disability
- Someone who has obtained clean Criminal Background and Child Abuse Clearances
- Someone who agree to work their hardest at their individual goals
- Have an independent living goal

*"Mentoring is a brain to pick, an ear to listen, and a push in the right direction."
-John Crosby*

"The greatest good you can do for another is not just to share your riches but to reveal to him his own." - Benjamin Disraeli